



New Mexico Allied Council on Tobacco

2020 NMACTION Conference

May 27th and 28th

NM ACT is comprised of more than 500 organizations and advocates working together to eliminate the negative health effects and economic impact that tobacco products have on communities across New Mexico.

Our mission is to advocate for proven commercial tobacco use prevention policies through statewide partnerships to improve and save lives by reducing commercial tobacco abuse.



KEYNOTE SPEAKERS

UNITED: Invigorating partnerships to prevent commercial tobacco use for a *healthier New Mexico*



Leonel "Leo" Manzano is a highly decorated track star who has represented the United States on six world championship teams, including two Olympic teams in 2008 and 2012. Leo is best known for completing his races with a strong finishing kick. Leo has been invited to speak at some of the world's most well known companies and has been featured on hundreds of media outlets, including Sports Illustrated, and Austin Fit Magazine, where he has been called the embodiment of the American Dream.



Ernie Tsoie is a Comedian, Actor, Motivational Speaker, Mentor. Ernie is an award-winning comedian and actor and has been a professional performer since 1996 and a professional parent since 1990. His brand of clean family humor is hilarious as he addresses one important topic after another. Ernie has reached over 10,000 Native American youth and adults with his commercial tobacco prevention and media literacy message. He describes his comedy as GOOD MEDICINE!

Our Goal

To bring together the community, research and clinical practice leaders to explore how all three sectors can align to help prevent and treat tobacco addiction. Help us build a community of individuals who can share experiences and advocate for communities free from the toll of tobacco, including smokeless tobacco emerging products.



Seminar Descriptions:

- Behavioral Health: Pg 2
- Youth & Families: Pg 3
- LGBTQ+: Pg 4

Speaker Schedule: Pg 5, 6

Speaker Bios: Pg 7, 8

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REGISTRATION IS REQUIRED!

You may register at

[https://www.eventbrite.com/e/2020-nmaction-conference-is-back-tickets-](https://www.eventbrite.com/e/2020-nmaction-conference-is-back-tickets-103150732618)

[103150732618](https://www.eventbrite.com/e/2020-nmaction-conference-is-back-tickets-103150732618) or e-mail

trish@chronicdiseasenm.org

Trauma Informed Approaches to Reducing Use

Nic Sedillo, LPCC



We'll share ideas to be a trauma informed provider, review trauma informed best practices, and share approaches to addressing and reducing substance use in trauma work.

Behavioral Health Track

Nicotine Addiction Treatment and Behavioral Health

David Tompkins, Tobacco Use Prevention & Control Program, NMDOH



This presentation will explore how the disruptive technology of e-cigarettes has exposed nicotine addiction and the historically denied response by many behavioral health systems. Through a multi-media presentation and frank discussion, participants will recognize the need to treat nicotine addiction and delve into systemic approaches that must be supported to provide appropriate and effective treatment to people with behavioral health and substance abuse issues.

Pharmacotherapy - Nicotine Replacement Therapy

Dr. Amy Michelle Bachyrycz Pharm.D.

Community pharmacists provide smoking cessation interventions resulting in quitting success rates similar to other health professionals. Since pharmacists are a widely available resource for their patients, managed care organizations may be able to improve the health, and avoid subsequent tobacco-related adverse health outcomes, of their enrollees by implementing a program similar to the NMPCF Tobacco Cessation Program. This will be a presentation from a pharmacist's perspective about tobacco cessation therapy and cases to apply current knowledge about tobacco cessation therapy available.



Nicotine Addiction Treatment Health Systems Change and Behavioral Health Provider Engagement

Kara Kikuchi, ND

Manager of Training and Outreach Programs, Optum Inc.



Dr. Kikuchi will discuss the problem of nicotine addiction for patients and clients with behavioral health conditions and why it is important to include this most common substance use disorder in treatment plans. The presentation will discuss nicotine addiction treatment health systems change and TUPAC's Training and Outreach Program to support behavioral health providers and clinical staff in supporting their clients/patients in addressing nicotine substance use. The presentation will also discuss the outreach program's experience in the field, anticipated outcomes, and resources available to behavioral health providers.

Panel: Supporting Quit Methods

Esther Hoang, MPH

Cessation Specialist
Tobacco Use Prevention and Control Program
New Mexico Department of Health



TUPAC offers comprehensive, and barrier-free QUIT NOW and DEJELO YA Programs (English and Spanish, respectively), a free quitline service operating 24/7 to help New Mexicans who want to quit tobacco use. Enrollees will receive free counseling conducted by trained Quit Coaches; nicotine replacement therapies (NRTs), which includes patches, gums, lozenges; self-help materials and guides; and optional text messaging support. The Quitline follows the recommendations of CDC's and Public Health Services' guidelines on tobacco interventions.



Rebecca Padilla

National Manager, Tobacco Programs
American Lung Association

Learn more about Freedom From Smoking Program- the American Lung Association's gold standard evidence-based tobacco cessation program: comprehensive cessation program utilizes proven addiction and behavior change models including social cognitive theory, transtheoretical model and motivational interviewing.

Lesley Meyer, MBA

Community Health Program Manager
Keres Consulting, Inc. (Keres)



Learn about the **quitSTART** app, a product of Smokefree.gov, a smoking cessation resource created by the Tobacco Control Research Branch at the National Cancer Institute in collaboration with the U.S. Food and Drug Administration.

Laugh & Learn



Ernie Tsosie

Comedian, Actor, Motivational Speaker, Mentor

Ernie is an award-winning comedian and actor and has been a professional performer since 1996 and a professional parent since 1990. His brand of clean family humor is hilarious as he addresses one important topic after another. In this presentation we will learn how to utilize humor to increase engagement and create laugh breaks during tobacco outreach education presentations.



Carlye Hausbeck, MSW
Sr. Program Manager
Rescue Agency

Research and Campaign Development Approach to Tobacco Prevention Among Youth:

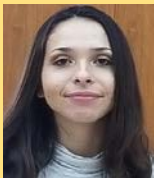
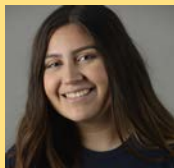
Carlye will discuss how Rescue Agency comes equipped with significant teen vaping and tobacco use research that has informed campaigns for dozens of states across the country. We have executed focus groups with over 500 teens across multiple states and surveys with thousands of teens to investigate teen Electronic Smoking Device (ESD) use as well as tobacco, nicotine, and substance use habits. This has given us insights into the epidemic, including an understanding of the spectrum of ESD use among teens. Rescue's current success in addressing the vaping epidemic across 12 different states puts Rescue at the forefront of the vaping crisis. Behind the Haze is a campaign that uses a research approach to provide a reliable source of vaping information for at-risk teens. Additionally, Rescue works on the ground with youth across the nation in tobacco control advocacy, through the Evolvement model.

PANEL: Evolvement Youth Advocates for a Tobacco-Free New Mexico



Eliana Ruiloba
Atrisco Heritage Academy

Karina Tarango
Capital High School



Rhyan Cordova
Valencia High School

Ian Martinez
Farmington High



Evolvement Youth Advocates : Eliana Ruiloba, Karina Tarango, Rhyan Cordova and Ian Martinez will be discussing their experiences in Evolvement and advocacy. Evolvement New Mexico is a youth engagement movement funded by the Tobacco Use Prevention and Control Program at the New Mexico Department of Health. Since 2010, more than 3,500 high school youth have been united as agents of change to decrease the harmful and addictive use of commercial tobacco in New Mexico. Evolvement is currently partnered with 16 High Schools across the state and has over 350 members. Youth work on campaigns that promote a tobacco free environment and advocate for tobacco policies at the local and state level.



Phillip Cordova, Tobacco Use Prevention and Control Program, NMDOH
In this session, moderated by Phillip, youth from across the state will discuss their experiences in Evolvement, their roles in policy change and tobacco use in their communities.



Mary Morgan, MPA
Contract Monitor
Tobacco Use Prevention and Control Program
NMDOH

Emerging Nicotine Products:

Discussion about emerging nicotine delivery systems (vapor products) popular among youth. This presentation will cover the new and innovative ways the Tobacco Industry is packaging and marketing nicotine delivery devices and where kids like to hide them. We will also go over the role health care professionals can play in recognizing acute nicotine poisoning and how they can protect kids from nicotine addiction. We'll end with the findings and recommendations from the Surgeon General and resources TUPAC can provide.



Cortny Stark Ph.D LPCC LADAC CRC
Healing in Relationship: Preventing Tobacco and Nicotine Use through Youth and Family Empowerment

Beyond Inclusivity: Changing environments to be more affirming of queer and transgender people**Jen Panhorst, LCSW, MSW**
UNM Dept of Psychiatry**Alex Ross-Reed,**
Fierce Pride

The past and present of providers in behavioral health settings mistreating the LGBTQ+ community has left many trans and queer people feeling uneasy or unsafe about seeking services. Many clinicians want to serve the LGBTQ+ community but may have questions about how to best communicate this. In this presentation, we will go through each room of a clinic or agency, from the waiting room to the therapist's office, and discuss best practices for showing consideration for the LGBTQ+ community. We will also discuss the relevance of offering smoke-free environments for the LGBTQ+ community. Attendees will leave with tools and ideas of how to make their professional space more welcoming for trans and queer people.

Invisible Majority: Understanding Bi+ Experiences**Molly Adler, LCSW, AASECT Certified Sex Therapist**

In this workshop we will explore the often-invisible majority of the LGB part of the rainbow: the bisexual+ population. While many think of one unified LGBTQ "community," bisexuals often feel left out in both the gay and straight worlds. Bisexual+ individuals experience health disparities like higher rates of tobacco use, more sexual violence, and increased risk of mood disorders. But as the Bisexual Resource Center explains, "In the face of these high hurdles, bisexuals+ have always persisted: shaping history, organizing alongside vulnerable communities, and defying odds. We weather storms under the bisexual+ umbrella." In this bi+ centered workshop, we'll explore the diverse bi+ population, review terminology, understand health disparities and protective factors, and identify ways to be a better ally.

Nonbinary 101**Stacy Fatemi, *Pronoun Zine***

Agender? Genderfluid? Genderqueer? What's the big deal? 35% of trans people in the US identify as nonbinary. Chances are, you might even know one of us! But what does it mean to be nonbinary? How do you interact with us, how can you support us? These questions may seem daunting—scary, even—but fear not! Real-life nonbinary person Stacy Fatemi (they/them) has the answers with *Oh Brother, Not The Binary!* Covering everything from definitions to respect to erasure, this presentation shines the light on how we can identify, how to talk about us, and what our needs are as a marginalized population numbering in the hundreds of thousands.


Transgender 101**Adrien Lawyer, *Transgender Resource Center of New Mexico***

Did you know that transgender folks are twice as likely to experience homelessness as the general population? We are also twice as likely to experience unemployment. For transgender people of color that goes up to a staggering four times! Transgender people experience discrimination and even physical violence on a consistent basis. Transgender 101 will be an introduction to transgender people, our lives and issues. Transgender people are not known and understood by others, and our training is meant to address this lack of information and experience. Adrien Lawyer, Co-Director of the Transgender Resource Center of New Mexico, provides basic training including a chance to engage in dialogue and have your questions answered directly. Our objective is to personalize transgender folks and to increase visibility and awareness while decreasing the discrimination, fear, hostility and violence that is routinely directed toward members of our population. We also encourage our audiences to examine their own gender identity and the cultural norms and expectations we hold surrounding gender and sexuality.

Finding Opportunity in the time of COVID-19: A Case Study of LGBTQ Tobacco Education**Scout, MA, Ph. D, *National LGBT Cancer Network***

Despite having tobacco use rates 50% higher than the general population, LGBTQ+ community leadership show remarkably low awareness of that health disparity. Come listen to a case study in how unusual times can bring unusual opportunities. The Deputy Director of the National LGBT Cancer Network will discuss how what started as an effort to respond to COVID-19 unwittingly became one of their biggest community tobacco education campaigns to date.

8:30-9:00	"Doors Open" Virtual Check In		
9:00-9:15	Welcome Introduction - Tee Benally and Michael Kelly, Conference Co-Chairs		
9:15-9:45	Opening Keynote: Leo Manzano		
9:45-10:00	Introduction to the 3 Tracks		
	BEHAVIORAL HEALTH	YOUTH & FAMILIES	LGBTQ+
10:00-10:45	David Tompkins – Tobacco Use Prevention & Control Program, NMDOH Nicotine Addiction Treatment and Behavioral Health		
10:45-11:30		Ernie Tsosie Laugh & Learn	
11:30-12:15			Molly Adler, LCSW, AASECT Invisible Majority: Understanding Bi+ Experiences
12:15-12:30	RAFFLE		
12:30-1:15	Amy Bachyrycz, Pharm.D. Pharmacotherapy-Nicotine Replacement Therapy		
1:15-2:00		Mary Morgan, MPA Tobacco Use Prevention & Control Program, NMDOH Emerging Nicotine Delivery Systems	
2:00-2:45			Stacy Fatemi Pronoun Zine Nonbinary 101
2:45-3:00	RAFFLE		
3:00-3:45	Nic Sedillo, LPCC Trauma Informed Approaches to Reducing Use		
3:45-4:30		Carlye Hausbeck, MSW Rescue Agency Research & Campaign Development Approach to Tobacco Prevention Among Youth	
4:30-5:15			Adrien Lawyer Transgender Resource Center of New Mexico Transgender 101
5:15-5:30	RAFFLE - CLOSING REMARKS		

9:00-9:30	"Doors Open" Virtual Check In		
9:30 -9:45	Welcome Introduction - Tee Benally and Michael Kelly, Conference Co-Chairs		
9:45-10:15	Opening Keynote: Ernie Tsosie		
10:15-10:30	RAFFLE		
	BEHAVIORAL HEALTH	YOUTH & FAMILIES	LGBTQ+
10:30-11:15	Kara Kikuchi, ND Nicotine Addiction Treatment Health Systems Change and Behavioral Health Provider Engagement		
11:15-12:00		Cortny Stark, Ph.D LPCC LADAC CRC Healing in Relationship: Preventing Tobacco and Nicotine Use through Youth and Family Empowerment	
12:00-12:45			Jen Panhorst, LCSW, MSW Alex Ross-Reed Beyond Inclusivity: Changing Environments to be More Affirming of Queer and Transgender People
12:45-1:00	RAFFLE		
1:00-1:45	Panel: Supporting Quit Methods Esther Hoang, MPH Rebecca Padilla Lesley Meyer, MBA		
1:45-2:30		Panel: Evolution Youth Advocates for a Tobacco-Free New Mexico Moderator: Phillip Cordova	
2:30-3:15			Scout, MA, Ph.D Finding Opportunity in the Time of COVID-19: A Case Study of LGBTQ Tobacco Education
3:15-3:30	Afternoon Break		
3:30-4:30	<p>Kyle Smith, Program Coordinator University of New Mexico, COSAP</p> <p>World Café - During NM ACT's facilitated session, Kyle will be implementing a World Café style facilitation which will bring final context to the entire meeting and allow participants to debrief and discuss their thoughts around all content. This will be accomplished by disbursing our participants into groups with discussion questions and later presenting findings to the entire meeting.</p>		
4:30-4:45	RAFFLE - CLOSING REMARKS		

Molly Adler, LCSW



Molly Adler is a Licensed Clinical Social Worker and AASECT Certified Sex Therapist. Molly works in her psychotherapy private practice Sex Therapy New Mexico with folks on sexuality and gender issues, relationships, healing trauma, and life transitions. She loves working with

clients who identify under the LGBTQ2S+ umbrella, people who are polyamorous, and clients who are kink-identified. Molly believes in a holistic approach to wellness through personal empowerment and uses body-based mindfulness throughout her work. In 2007, Molly co-founded Self Serve Sexuality Resource Center, New Mexico's first education-based, award-winning, sex-positive shop. Find out more at SexTherapyNM.com or on Instagram @SexTherapyNM.

Carlye Hausbeck, MSW



Carlye Hausbeck is the Sr. Program Manager for Evolvement New Mexico and Next Era Louisiana through Rescue Agency. She has worked at Rescue Agency on the Youth Engagement Policy team for two years. During her time at Rescue Agency, she has led youth engagement programs and policy

change across multiple states. Evolvement New Mexico trained over 350 youth throughout the state this year and is the largest youth-led movement in the state. Prior to her work at The Rescue Agency, Carlye led programming from at-risk youth in her home state of Michigan. She holds a Master of Social Work Degree and studied Policy Change and Innovation. Carlye currently resides in Albuquerque, New Mexico.

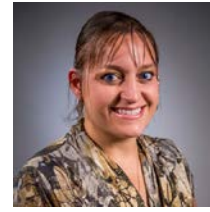
Esther Hoang, MPH



Esther has over 10 years' experience working in primary care and ocular health settings and has 8 years' experience in public health with a primary focus on tobacco use prevention. Her public health work began at the New Mexico Asian Family Center educating the community on the harmful

effects of tobacco use. She moved on to working for Optum as a Health Systems Change Specialist working closely with various provider champions from FQHC, rural clinics, critical access hospitals, Indian Health Services and oral health clinics to develop policies, protocols, and a robust tobacco treatment referral system to the QUIT NOW and DEJELO YA services. In 2017, she joined New Mexico Department of Health's Tobacco Use Prevention and Control (TUPAC) Program as the Cessation Specialist overseeing both the Nicotine Addiction Treatment Services and Health Systems Change Training & Outreach Program. She received a Bachelor of Arts degree in Psychology at the University of Kansas in 2007 and a Masters degree in Public Health at New Mexico State University in 2013.

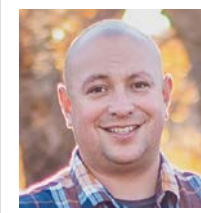
Dr. Amy Bachyrycz, Pharm.D.



Amy Bachyrycz, graduated from the University of Connecticut College of Pharmacy in 2004 and went onto complete a General Pharmacy Practice Residency at the New Mexico VA Health Care System in Albuquerque.

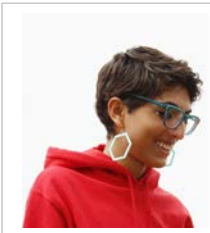
She went onto become the Shared Faculty at the University of New Mexico College of Pharmacy and Walgreens Patient Care Center. She is currently and Assistant Professor with the University of New Mexico Department of Pharmacy Practice and Administrative Sciences and the trainer for the New Mexico Pharmacists Association Prescriptive Authority for Tobacco Cessation.

Phillip Cordova



Phillip has been the Northwest Regional Health Educator for the New Mexico Tobacco Use Prevention and Control program, NMDOH, where he provides training and technical assistance to various health offices to include Healthcare Providers, Dental Services, WIC staff, and Public Health Office staff.

Staci Fatemi



Stacy Fatemi (they/them) is a 23-year-old queer nonbinary educator, musician, vlogger, language lover, and real-life trans person from Albuquerque, NM. They are the author of the Pronoun Zine: a compact, easy-to-read guide on the importance of pronouns and how to respect them, which can be found at pronounzine.com.

Kara Kikuchi, ND



Dr. Kara Kikuchi has over 13 years of experience in tobacco cessation and control. Serving as Manager of Training and Outreach Programs since 2015, she is responsible for the development and implementation of

new programs and leads a team of System Change Specialists to meet training and outreach contract requirements. Kara is a supervisor, primary care physician, and educator. She earned a Naturopathic Doctorate from Bastyr University and Bachelor of Sciences degrees in Biology and Anthropology from the University of Utah.

Adrien Lawyer



Adrien Lawyer co-founded TGRCNM in 2008 with Zane Stephens to be a clearinghouse of service provision, education, and advocacy for the transgender community in New Mexico. He has facilitated over 1,200 Transgender 101 training sessions

throughout New Mexico, including training every corrections department in the state, numerous district attorney offices, police departments, public and private schools, healthcare and social service facilities, and countless businesses, nonprofits, and other entities. Adrien has led successful advocacy efforts for model transgender student policies, gender-neutral restrooms, trans inclusion in social service facilities, statewide bullying prevention, and most recently, birth certificate gender marker change.

On a national level, Adrien presents and consults on many issues impacting the trans community, including TGRCNM as a successful model for local service provision. He has been recognized with the Jose Sarria Into the Light Award for community service and the Vincent R. Johnson Model of Hope Award for LGBTQ role models. In 2019, Adrien won the Advocacy In Action (AIA) Professional Innovation in Victim Services Award presented by the New Mexico Crime Victims Reparation Commission (CVRC).

Adrien is a trans man and father. In his spare time, he enjoys playing guitar with A Band Named Sue.

Mary Morgan, MPA



Mary Morgan, MPA is a contract monitor with the NMDOH Tobacco Use Prevention and Control (TUPAC) Program. She is also a part-time professor at Doña Ana Community College teaching government and political science. She has been in tobacco prevention since 1997 and teaching since 2002. She holds bachelor degrees in both criminal justice and Psychology from NMSU and a master's

degree in public administration from Troy State University. Since 1999, she has made smoke-free Doña Ana County her home. She is a strong advocate for protecting children and families throughout New Mexico.

Jen Panhorst, LCSW, MSW

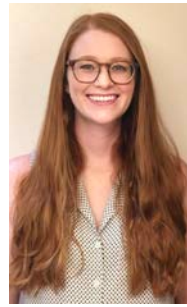


Jen Panhorst, LCSW, graduated with a Masters in Social Work from the University of Nevada Reno in 2007 and has done clinical work with adolescents and their families in a wide range of settings. Jen has a specialization in lesbian, gay, bisexual,

transgender, queer, questioning, two-spirit, intersex, and asexual (LGBTQQ2IA) communities. Her work in this area has included completing a master's project exploring the experiences of people who are transgender; leading a support group for LGBTQ+ teens for 2 years in southeast Michigan; co-leading the National Association of Social Workers

New Mexico (NASW-NM) LGBTQ Task Force for 3 years; and running trainings on LGBTQ+ topics throughout New Mexico. Jen currently works at the Division of Community Behavioral Health in UNM's Department of Psychiatry as a supervisor, trainer, and clinician.

Lesley Meyer, MBA



Lesley Meyer is the Community Health Program Manager at Keres Consulting, Inc. (Keres). At Keres, Lesley manages two statewide tobacco control contracts including one for secondhand smoke protections in Native American communities, Smoke Free Signals, which Keres has held since 2015 offering community presentations, education, and

policy support for commercial tobacco free initiatives; and for tobacco prevention and intervention strategies for young adults, No More NM, in which Keres strives to engage and encourage all New Mexicans ages 18 to 29 to live nicotine-free lives through outreach, with an emphasis on technology.

Additionally, she has managed projects including statewide grant oversight for the NM Indian Affairs Department Tobacco Cessation and Prevention Program, emerging tobacco products education in Native communities, tribal food sovereignty, addressing food deserts in Native communities, conducting a statewide urban Indian community health assessment, and program development and management of data and health indicators for tribal communities. Lesley is also the Co-Chair of the New Mexico Allied Council on Tobacco (NM ACT) and holds an Masters in Business Administration from the University of New Mexico.

Keres is a Native American-owned consulting company headquartered in Albuquerque, NM.

Rebecca Padilla



Rebecca is passionate about promoting lung health, specifically through eliminating commercial tobacco product use and tobacco related diseases. Rebecca oversees national projects that support tobacco product cessation efforts across the country in both clinical

and community-based settings. Rebecca manages a 5-year cooperative agreement from the CDC to offer technical assistance and support of tobacco cessation and health systems change through 2024. Additionally, has managed American Lung's signature programs in New Mexico, including Freedom From Smoking, Better Breathers Clubs, Asthma Basics and Open Airways for Schools, and is a certified Tobacco Treatment Specialist through the Mayo Clinic Nicotine Dependence Center. Rebecca holds a Bachelor of Arts, and is currently pursuing her master's in organizational leadership, with a concentration in industrial and organizational learning science.

Alex Ross-Reed, MA



Alex Ross-Reed (she/her/hers). Alex leads the Fierce Pride network of LGBTQ+ volunteers dedicated to LGBTQ+ health advocacy in New Mexico. Alex has worked with Fierce Pride for 6 years creating health messaging by and for the LGBTQ+ community about tobacco and health resources. Alex is also the co-chair of New

Mexico Allied Council on Tobacco, and is committed to centering those most impacted by tobacco through coalition building, training, and policy advocacy. Alex holds a BA from the University of New Hampshire and a MA from Vermont College of Fine Art.

Scout, MA, Ph.D



Scout is the Deputy Director of the National LGBT Cancer Network and the principal investigator of the CDC-funded LGBTQ tobacco-related cancer disparity network. In this capacity he spends much of his time providing technical assistance for governmental tobacco and cancer focusing agencies expanding their reach and

engagement with LGBTQ populations. He leads a team of specialists in the Rhode Island office who focus especially on building tools and sharing strategies across state departments of health. Scout is also an expert cultural competency trainer and sought after public speaker. He has a long history in health policy analysis and a particular interest in expanding LGBTQ surveillance and research. His work has won him recognition from the U.S. House of Representatives, two state governments, and many city governments. Scout is an openly transgender father of three, a vegetarian, an avid hiker, and is currently training for a half marathon.

Nic Sedillo, LPCC



Nic L. Sedillo, LPCC is a mental health provider and Clinical Director at the Rape Crisis Center of Central NM, in Albuquerque, NM. Nic and the team of therapists at RCCCNM strive to provide trauma informed care in all aspects of serving anyone impacted by sexual violence.

Kyle Smith



Kyle Smith has been working with the University of New Mexico for the past eight years. He has worked with National Indigenous communities teaching and implementing community health assessment aimed at addressing social determinates of health for improved health outcomes. A standout ability of

Kyle's is designing curriculums in university and grassroots-based learning environments. From March 2017 to June 2019, Kyle led New Mexico's first ever comprehensive tobacco-free campus policy implementation among university and college campuses. He was responsible for building the UNM Student Health Ambassadorship, building UNM student & departmental capacity, and enforcing UNM Policy 2250 (Tobacco-Free campus). During this time period and with the help of newly engaged levels of support, Kyle was able to lead UNM from a 22.5 percent tobacco-use rate in 2017 down to a 13.7 percent in August of 2019. The frameworks and experiences were utilized into developing Tobacco-Free Campuses New Mexico (TFCNM), a statewide network of colleges and universities implementing or contemplating tobacco-free policy. Today, Kyle works for the UNM Center on Alcoholism, Substance Abuse, and Addictions (CASAA) on Clinical Trails Network 0096 where is helping to Culturally Center Medications for Opioid Use Disorder with American Indian and Alaska Native Communities. In addition, he is a Consultant with Keres Consulting continuing to lead the UNM Student Health Ambassadorship and is engaging colleges and universities to adopt tobacco-free policy. In his spare time, Kyle is also a facilitator, trail runner, Muy Thai kickboxer, and outdoors adventurist.

Cortny Stark, Ph.D LPCC LADAC CRC



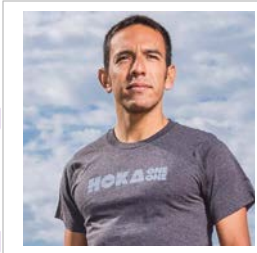
Dr. Stark is a 2019 graduate of the University of New Mexico Counselor Education and Supervision PhD program, and a newly appointed assistant professor with the University of Colorado Colorado Springs Department of Counseling and Human Services. Since, 2015, Dr. Stark has designed and facilitated multiple undergraduate courses in human services, trauma processing and crisis intervention, and substance abuse counseling. She currently teaches both graduate and undergraduate level courses in counseling and human services. Her research foci include the public's perception of professional counselors, community-based advocacy efforts for transgender and gender-expansive youth, and the integration of trauma treatment models in the treatment of diverse populations.

David Tompkins



David is Program Manager for Community Health Initiatives for the New Mexico Department of Health Tobacco Use Prevention and Control (TUPAC) where he facilitates statewide partnerships to maximize the reach and effectiveness of comprehensive tobacco control in New Mexico and attributes its success to solid research, creativity, and teamwork among TUPAC and its community partners. He has worked in tobacco control for over 20 years. Prior to his work in tobacco control, he worked as an educator and addiction specialist on the Northern Cheyenne reservation in Montana for 25 years, including 10 years as the Director of Alcohol and Drug Studies at Dull Knife Memorial College.

Leonel “Leo” Manzano



Leonel “Leo” Manzano is a highly decorated track star who has represented the United States on six world championship teams, including two Olympic teams in 2008 and 2012. Leo is best known for completing his races with a strong finishing kick. Born in Guanajuato, Mexico, at the age of four, Leo and his family immigrated to the

United States where he was raised in Granite Shoals, Texas. Leo’s passion and love for running came at an early age and developed throughout high school as he attended Marble Falls High School. Leo won a total of nine Texas 4A state championships in track and cross country with record prep bests of 1:50.48 (800m), 4:06.29 (1600m), and 9:07.18 (3200m).

Upon graduating from high school, the Marble Falls standout took his talents to the University of Texas, Austin. Despite always being the underdog because of his size (5’ 5”, 125 lbs), Leo consistently proved himself on the track, winning a total of five NCAA National Championship titles, earning All American eleven times, and culminating in his senior year with the Men’s Track Athlete of the Year award from the US Track and Field and Cross Country Coaches Association (USTFCCCA).

These achievements lead up to the 2012 Olympics in London, where Leo won the silver medal in the 1500 meters, becoming the first American to medal in that event since Jim Ryun in 1968.

Leo continued on to win more titles at the 2014 USA Outdoor Track and Field Championship and even achieved a personal record of 3:30.98 at the Diamond League Herculis Monaco soon after. In 2015, Leo competed in the USA Outdoor Track and Field Championships and World Championships in Athletics - Men’s 1500 meters.

The opportunity of a third year at the Olympics came for Leo, however he ended up placing 4th at the 2016 United States Olympic Trials.

Leo is the first Longhorn to make the US Olympic team in the 1500 meter and remains the most decorated athlete in Track and Field at the University of Texas, Austin, with school records in the indoor mile (3:58.78), 1500 meter (3:35.29), and indoor and outdoor distance medley relay.

Leo has been invited to speak at some of the world’s most well known companies and has been featured on hundreds of media outlets, including the cover of Latino Leaders, Sports Illustrated, and Austin Fit Magazine, where he has been called the embodiment of the American Dream.

Following a legendary athletic career, Leo announced his retirement from competitive running on July 28, 2019 due to a calf injury earlier that year and a desire to spend more time with family.

While the competitive running days are behind him, Leo is still active in community events. Leo serves as brand ambassador for the Ascension Seton Austin Marathon, Manzano Mile and high school coach in Austin, as well as nationally for HOKA ONE ONE, the New Mexico Department of Health Anti-Tobacco Campaign, Polar, Correr Sin Fronteras Magazine, IAAF Athlete Representative, and Motivational Speaker.

Ernie Tsosie



Ernie Tsosie is an award-winning actor, comedian, and motivational speaker. Ernie has been a professional presenter and performer since 1996, when he appeared in his first professional acting job for the Actors Theater of Phoenix. Since then Ernie has gone on to work as a professional performer and presenter in films, television, theatre, stand-up comedy and radio, as well as in Native American events, communities, schools and wellness programs.

Ernie is the founder of Near Water Theatre Troupe and Near Water Enterprises, Inc. a company that produces original theatrical, comedy and motivational presentations with a positive message. He is also co-founder and owner of the popular and award winning “James & Ernie Comedy Duo” and the super duper Native American comedy show case “49 Laughs Comedy”.

Ernie’s acting credits include appearing in two episodes of the highly acclaimed A&E TV show “Longmire” and “Drunk Town’s Finest” an official Sundance Film Festival selection executive produced by Robert Redford.

Ernie is proud to be a sober and drug free Native American performer and motivational presenter but more importantly he is a sober and drug free husband, father and Native American man.

Ernie performs and presents acting and comedy with a positive message and the performing arts serves as the vehicle to help pass along these most important of messages. One of his weapons in this war against suicides, depression, alcoholism, addiction and bullying are his own personal testimony of beating the odds himself against these issues.

Humor and laughter along with acting are not only medicine for the soul, they’re also amazing and powerful tools! Tools that can be used to gain the trust, confidence, and the attention of people and Ernie does just that, making him a great addition to your project or event as an actor, comedian, motivational speaker, school and conference presenter, and event entertainer.

“It is great to be a Native American but it’s even greater to be a sober and drug free Native American!” – Ernie Tsosie

2020 New Mexico
ACTion
Conference

11.5 CEU hours for Community Health Workers
12 CEU hours for Social Workers (NASW-NM)
0 for Pharmacotherapy

We have also applied for Continuing Education Units (CEUs) and reached out to the appropriate agencies for Peer Support Workers, and Nursing.

We have not heard back officially on the exact number of units we will be offering.

We will provide an UPDATE once we get written approval.

Thank you.
NMACTION Conference Planning Committee